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| --- | --- | --- | --- | --- | --- | --- |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| **Locations:**  **FFL**- First Floor Lounge  **MP** – Multi Purpose  **MH** –Montabaur |  | \*\* **Because calendar space is so small – please check MP room for details and sign up for Montabaur Heights (listed as MH) events. \*\*** |  |  |  | 1 |
| 2 | 3    1:00 Exercise Class | 4  **1:00 MH bus goes to Amherst Senior Center for presentation**  **6 – Resident Q&A with Mary** | 5 11:00 Communion Service  **Last day for Coffee Hour Sign up**  3:00 Blood Pressure Checks  3:30 Exercise Class  **BINGO – 7:00** | 6    **Guild Picnic - Noon** | 7    **Daisy @ 10:00**  1:00 Exercise Class | 8  **BINGO – 7:00** |
| 9 | 10  1:00 Exercise Class  2:00 Word Build | 11  **6:00 Music Trivia Night**  **Free for Everyone!** | 12 11:00 Communion Service  **1:00 Bday & New Resident Celebration Coffee Hour**  **1:45 MH Presentation**  3:00 Blood Pressure Checks  3:30 Exercise Class  **BINGO – 7:00** | 13 | 14 1:00 Exercise Class  **10 – 2**  **“Treasure Hunt”**  **Guild Rummage Sale -MP**  **10:00 Casino Bus**  C:\Users\baty\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\ZVU4J0IH\usa_bandera[1].jpg **FLAG DAY** | 15 |
| 16  C:\Users\baty\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\JA6FEFPH\happy-fathers-day1[1].jpg | 17  1:00 Exercise Class  **11:45 MH to Evans Snr Center for presentation**  **------**  **6:30 Medicare Savings Program – Can *YOU* get help paying for your Medicare Premium? ~MP Room** | 18  **6:00 pm.**  **“Paint on the Patio”**  **Bring your own Wine or Beverage of Choice and create your own Painting. Instructor provided.**  **Cost: $10.00** | 19 11:00 Communion Service  3:00 Blood Pressure Checks  3:30 Exercise Class  **6:30 Nursing Home Concert ~ Frank Civaletto Performs**  **BINGO – 7:00** | 20 | 21  1:00 Exercise Class | 22  **BINGO – 7:00** |
| 23 | 24  1:00 Exercise Class  **12:45 MH Presentation**  2:00 Word Build | 25  **5:00 p.m.**  **Healthy Eating**  **With The Cornell Cooperative.**  **Limited Seating** | 26 11:00 Communion Service  3:00 Blood Pressure Checks  3:30 Exercise Class  **MH Campfire & live music – 6:15**  **BINGO – 7:00** | 27  6:00 Prayer Meeting | 28  **10:00 Casino Bus**  1:00 Exercise Class | 29  **Outdoor MH Mass – 2:30**  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_    **BINGO – 7:00**  30 |

OFFICE 759-2122 \*\*\* After Business Hours WATER & BUILDING EMERGENCIES ONLY: (716) 289-6651 Fire & Medical Emergencies: 9-1-1

Beauty/Barber Shop Hours:

Wednesday 9 a.m. – 4 p.m./Friday evenings

Call Linda at 560-0851 to make an appointment

Walk-ins Welcome!