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| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| **Locations:****FFL**- First Floor Lounge**MP** – Multi Purpose**MH** –Montabaur |  | \*\* **Because calendar space is so small – please check MP room for details and sign up for Montabaur Heights (listed as MH) events. \*\*** |   |   |   | 1 |
| 2 | 31:00 Exercise Class | 4**1:00 MH bus goes to Amherst Senior Center for presentation** **6 – Resident Q&A with Mary** | 5 11:00 Communion Service **Last day for Coffee Hour Sign up**3:00 Blood Pressure Checks3:30 Exercise Class**BINGO – 7:00** | 6**Guild Picnic - Noon** | 7 **Daisy @ 10:00**1:00 Exercise Class | 8**BINGO – 7:00** |
| 9 | 10 1:00 Exercise Class2:00 Word Build  | 11  **6:00 Music Trivia Night****Free for Everyone!** | 12 11:00 Communion Service **1:00 Bday & New Resident Celebration Coffee Hour** **1:45 MH Presentation** 3:00 Blood Pressure Checks3:30 Exercise Class**BINGO – 7:00** | 13  | 14 1:00 Exercise Class **10 – 2****“Treasure Hunt”** **Guild Rummage Sale -MP****10:00 Casino Bus**C:\Users\baty\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\ZVU4J0IH\usa_bandera[1].jpg **FLAG DAY** | 15  |
| 16 C:\Users\baty\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\JA6FEFPH\happy-fathers-day1[1].jpg | 171:00 Exercise Class **11:45 MH to Evans Snr Center for presentation****------**   **6:30 Medicare Savings Program – Can *YOU* get help paying for your Medicare Premium? ~MP Room** | 18  **6:00 pm.****“Paint on the Patio”****Bring your own Wine or Beverage of Choice and create your own Painting. Instructor provided.** **Cost: $10.00** | 19 11:00 Communion Service 3:00 Blood Pressure Checks3:30 Exercise Class**6:30 Nursing Home Concert ~ Frank Civaletto Performs****BINGO – 7:00** | 20 | 211:00 Exercise Class | 22**BINGO – 7:00** |
| 23 | 24 1:00 Exercise Class  **12:45 MH Presentation**2:00 Word Build | 25 **5:00 p.m.**  **Healthy Eating****With The Cornell Cooperative.****Limited Seating** |  26 11:00 Communion Service 3:00 Blood Pressure Checks3:30 Exercise Class**MH Campfire & live music – 6:15** **BINGO – 7:00** |  276:00 Prayer Meeting  |  28**10:00 Casino Bus** 1:00 Exercise Class |  29**Outdoor MH Mass – 2:30**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **BINGO – 7:00**30 |

 OFFICE 759-2122 \*\*\* After Business Hours WATER & BUILDING EMERGENCIES ONLY: (716) 289-6651 Fire & Medical Emergencies: 9-1-1

Beauty/Barber Shop Hours:

Wednesday 9 a.m. – 4 p.m./Friday evenings

Call Linda at 560-0851 to make an appointment

Walk-ins Welcome!