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| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  |  |  |  |  |  | **1**  **12:30** Bingo-*Private DR*  **1:00** Acoustic Music by Don P-*Event Center*  **3:45** Rosary-*Event Center*  **4:00** Mass-*Event Center* |
| **2**  **9:30 Mass at SHH** | **3**  **10:00** No Exercise  **11:00 Walking Club**  **12:30** Chair Yoga-*Fitness Center*  **1:00** Bingo-*Private DR*  **6:30** Dominoes-*3rd FL CR* | **4**  **9:30 Mass at SHH**  **10:00** Morning Stretch & Meditation-*Fitness Center*  **9:00 Walgreens**  **10:15 Niagara on the Lake**  **2:00** Card Group-*3rd FL CR*  **6:30** Bocce *Ball-Outside* | **5**  **9:30 Mass at SHH**  **10:00** Exercise-*Fitness Center*  **9:00 Rite Aid**  **10:00 Our Lady of Fatima Shrine**  **11:00** Creative Adult Coloring-*2nd FL CR*  **11:45 Presentation Body Mechanics & Back Safety**  **2:30** Bingo-*Private DR*  **6:30** Campfire | **6**  **9:30 Mass at SHH**  **10:00** Chair Dance-*Fitness Center*  **11:45 Guild Meeting at BOM Apt.’s**  **1:00** Presentation by Brother Hugh-*Event Center*  **2:30** Entertainment by Mike D-*Event Center* | **7**  **9:00 Banking**  **9:30 Mass at SHH**  **10:00** Morning Stretch & Meditation-*Fitness Center*  **10:30 Dash’s/Aldi**  **1:00 Tops/Wegmans**  **1:30** Tai Chi-*Fitness Center*  **2:30** You Be The Judge!-*3rd FL CR*  **5:30-10:00 BOM Oktoberfest!** | **8**  **3:45** Rosary-*Event Center*  **4:00** Mass-*Event Center* |
| **9**  **9:30 Mass at SHH** | **10**  **10:00** Exercise-*Fitness Center*  **11:00 Walking Club**  **12:30** Chair Yoga-*Fitness Center*  **1:00** Bingo-*Private DR*  **2:30** Birthday Party-*Event Center*  **6:30** Dominoes-*3rd FL CR* | **11**  **9:30 Mass at SHH**  **10:00** Morning Stretch & Meditation-*Fitness Center*  **1:00** Wii Bowling (Team 2)-*3rd FL CR*  **2:00** Card Group-*3rd FL CR*  **2:30** Wii Bowling (Team 1)-*3rd FL CR*  **6:30** Bocce *Ball-Outside* | **12**  **9:30 Mass at SHH**  **10:00** Exercise-*Fitness Center*  **10:30 Buffalo Science Museum**  **11:00** Creative Adult Coloring-*2nd FL CR*  **2:30** Bingo-*Private DR*  **6:30** Campfire | **13**  **9:30 Mass at SHH**  **10:00** Chair Dance-*Fitness Center*  **1:00** Card Bingo-3rd FL CR  **2:30** Happy Hour with Dennis!-*Bistro*  **6:30** Irish Gaelic league-*3rd FL CR* | **14**  **9:30 Mass at SHH**  **10:00** Morning Stretch & Meditation-*Fitness Center*  **10:00 Casino**  **1:30** Tai Chi-*Fitness Center*  **2:30** Discussion Group-*3rd FL CR* | **15**  **12:30** Bingo-*Private DR*  **3:45** Rosary-*Event Center*  **4:00** Mass-*Event Center* |
| **16**  **9:30 Mass at SHH** | **17**  **10:00** Exercise-*Fitness Center*  **10:30** Seasons of Change with Renee-*Heritage Room*  **11:00 Walking Club**  **12:30** Chair Yoga-*Fitness Center*  **1:00** Bingo-*Private DR*  **2:30** LiveMusic by Saxman Slim-*Event Center*  **6:30** Dominoes-*3rd FL CR* | **18**  **9:30 Mass at SHH**  **10:00** Morning Stretch & Meditation-*Fitness Center*  **1:00** Resident Meeting-*Event Center*  **2:00** Card Group-*3rd FL CR*  **6:30** Bocce *Ball-Outside* | **19**  **9:30 Mass at SHH**  **10:00** Exercise-*Fitness Center*  **11:00 Walmart/Dollar Store**  **11:00** Creative Adult Coloring-*2nd FL CR*  **1:00** Jeopardy-*Event Center*  **2:30** Bingo-*Private DR*  **6:30** Campfire with Live Violin Music | **20**  **8:30** Blood Pressure Reading-*Bistro*  **9:00 Clarence Library**  **9:30 Mass at SHH**  **10:00** Chair Dance-*Fitness Center*  **10:30 Pierce Arrow Museum & Lunch at Chef’s**  **1:00** Writing Club-*3rd FL CR*  **2:30** Entertainment by Vintage Wine-*Event Center* | **21**  **9:00 Banking**  **9:30 Mass at SHH**  **10:00** Morning Stretch & Meditation-*Fitness Center*  **10:30 Dash’s/Aldi**  **1:00 Tops/Wegmans**  **1:30** Tai Chi-*Fitness Center*  **2:30** Danielle D. Presents “Give My Regards”-*Event Center* | **22**  **3:45** Rosary-*Event Center*  **4:00** Mass-*Event Center* |
| **23**  **9:30 Mass at SHH**  **2:00 Mystery Trip** | **24**  **10:00** Exercise-*Fitness Center*  **11:00 Walking Club**  **12:30** No Chair Yoga  **1:00** Bingo-*Private DR*  **2:30** Book Club-*Private DR*  **6:30** Dominoes-*3rd FL CR* | **25**  **9:30 Mass at SHH**  **10:00** Morning Stretch & Meditation-*Fitness Center*  **1:00** Wii Bowling (Team 2)-*3rd FL CR*  **2:00** Card Group-*3rd FL CR*  **2:30** Wii Bowling (Team 1)-*3rd FL CR*  **6:30** Bocce *Ball-Outside* | **26**  **9:30 Mass at SHH**  **10:00** Exercise-*Fitness Center*  **10:30** Scripture Reflections- *Heritage Room*  **11:00** Creative Adult Coloring-*2nd FL CR*  **2:30** Bingo-*Private DR*  **6:30** Campfire | **27**  **9:30 Mass at SHH**  **10:00** Chair Dance-*Fitness Center*  **10:30 Misc. Shopping**  **1:00** Card Bingo-3rd FL CR  **2:30** Happy Hour with Renee-*Bistro*  **7:00** Entertainment by Tony P.-*Event Center* | **28**  **9:30 Mass at SHH**  **10:00** No Exercise  **10:00 Casino**  **1:30** Tai Chi-*Fitness Center* | **29**  **11-3** Campus Open House  **12:30** Bingo-*Private DR*  **3:45** Rosary-*Event Center*  **4:00** Mass-*Event Center* |
| **30**  **9:30 Mass at SHH**  **2:00 Amherst Chamber Ensembles** |  |  |  |  |  |  |