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| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  |  |  |  |  |  | **1****12:30** Bingo-*Private DR***1:00** Acoustic Music by Don P-*Event Center***3:45** Rosary-*Event Center***4:00** Mass-*Event Center* |
| **2****9:30 Mass at SHH** | **3** **10:00** No Exercise **11:00 Walking Club** **12:30** Chair Yoga-*Fitness Center***1:00** Bingo-*Private DR***6:30** Dominoes-*3rd FL CR* | **4** **9:30 Mass at SHH****10:00** Morning Stretch & Meditation-*Fitness Center***9:00 Walgreens****10:15 Niagara on the Lake** **2:00** Card Group-*3rd FL CR***6:30** Bocce *Ball-Outside* | **5** **9:30 Mass at SHH****10:00** Exercise-*Fitness Center***9:00 Rite Aid** **10:00 Our Lady of Fatima Shrine** **11:00** Creative Adult Coloring-*2nd FL CR***11:45 Presentation Body Mechanics & Back Safety** **2:30** Bingo-*Private DR***6:30** Campfire | **6****9:30 Mass at SHH****10:00** Chair Dance-*Fitness Center***11:45 Guild Meeting at BOM Apt.’s** **1:00** Presentation by Brother Hugh-*Event Center***2:30** Entertainment by Mike D-*Event Center* | **7****9:00 Banking****9:30 Mass at SHH****10:00** Morning Stretch & Meditation-*Fitness Center***10:30 Dash’s/Aldi****1:00 Tops/Wegmans** **1:30** Tai Chi-*Fitness Center***2:30** You Be The Judge!-*3rd FL CR* **5:30-10:00 BOM Oktoberfest!**  | **8****3:45** Rosary-*Event Center***4:00** Mass-*Event Center* |
| **9****9:30 Mass at SHH** | **10****10:00** Exercise-*Fitness Center***11:00 Walking Club** **12:30** Chair Yoga-*Fitness Center***1:00** Bingo-*Private DR***2:30** Birthday Party-*Event Center***6:30** Dominoes-*3rd FL CR* | **11****9:30 Mass at SHH****10:00** Morning Stretch & Meditation-*Fitness Center***1:00** Wii Bowling (Team 2)-*3rd FL CR***2:00** Card Group-*3rd FL CR***2:30** Wii Bowling (Team 1)-*3rd FL CR***6:30** Bocce *Ball-Outside* | **12****9:30 Mass at SHH****10:00** Exercise-*Fitness Center***10:30 Buffalo Science Museum** **11:00** Creative Adult Coloring-*2nd FL CR***2:30** Bingo-*Private DR***6:30** Campfire  | **13** **9:30 Mass at SHH****10:00** Chair Dance-*Fitness Center***1:00** Card Bingo-3rd FL CR **2:30** Happy Hour with Dennis!-*Bistro***6:30** Irish Gaelic league-*3rd FL CR*  | **14** **9:30 Mass at SHH****10:00** Morning Stretch & Meditation-*Fitness Center***10:00 Casino** **1:30** Tai Chi-*Fitness Center***2:30** Discussion Group-*3rd FL CR* | **15****12:30** Bingo-*Private DR***3:45** Rosary-*Event Center***4:00** Mass-*Event Center* |
| **16****9:30 Mass at SHH** | **17****10:00** Exercise-*Fitness Center***10:30** Seasons of Change with Renee-*Heritage Room***11:00 Walking Club** **12:30** Chair Yoga-*Fitness Center***1:00** Bingo-*Private DR***2:30** LiveMusic by Saxman Slim-*Event Center***6:30** Dominoes-*3rd FL CR* | **18****9:30 Mass at SHH****10:00** Morning Stretch & Meditation-*Fitness Center***1:00** Resident Meeting-*Event Center* **2:00** Card Group-*3rd FL CR***6:30** Bocce *Ball-Outside* | **19****9:30 Mass at SHH****10:00** Exercise-*Fitness Center***11:00 Walmart/Dollar Store** **11:00** Creative Adult Coloring-*2nd FL CR***1:00** Jeopardy-*Event Center***2:30** Bingo-*Private DR***6:30** Campfire with Live Violin Music  | **20****8:30** Blood Pressure Reading-*Bistro***9:00 Clarence Library** **9:30 Mass at SHH****10:00** Chair Dance-*Fitness Center***10:30 Pierce Arrow Museum & Lunch at Chef’s** **1:00** Writing Club-*3rd FL CR* **2:30** Entertainment by Vintage Wine-*Event Center*  | **21** **9:00 Banking****9:30 Mass at SHH****10:00** Morning Stretch & Meditation-*Fitness Center***10:30 Dash’s/Aldi****1:00 Tops/Wegmans** **1:30** Tai Chi-*Fitness Center***2:30** Danielle D. Presents “Give My Regards”-*Event Center* | **22****3:45** Rosary-*Event Center***4:00** Mass-*Event Center* |
| **23****9:30 Mass at SHH****2:00 Mystery Trip** | **24****10:00** Exercise-*Fitness Center***11:00 Walking Club** **12:30** No Chair Yoga **1:00** Bingo-*Private DR***2:30** Book Club-*Private DR***6:30** Dominoes-*3rd FL CR* | **25****9:30 Mass at SHH****10:00** Morning Stretch & Meditation-*Fitness Center***1:00** Wii Bowling (Team 2)-*3rd FL CR***2:00** Card Group-*3rd FL CR***2:30** Wii Bowling (Team 1)-*3rd FL CR***6:30** Bocce *Ball-Outside* | **26****9:30 Mass at SHH****10:00** Exercise-*Fitness Center***10:30** Scripture Reflections- *Heritage Room***11:00** Creative Adult Coloring-*2nd FL CR***2:30** Bingo-*Private DR***6:30** Campfire  | **27****9:30 Mass at SHH****10:00** Chair Dance-*Fitness Center***10:30 Misc. Shopping** **1:00** Card Bingo-3rd FL CR **2:30** Happy Hour with Renee-*Bistro* **7:00** Entertainment by Tony P.-*Event Center* | **28** **9:30 Mass at SHH****10:00** No Exercise **10:00 Casino** **1:30** Tai Chi-*Fitness Center* | **29** **11-3** Campus Open House**12:30** Bingo-*Private DR***3:45** Rosary-*Event Center***4:00** Mass-*Event Center* |
| **30** **9:30 Mass at SHH****2:00 Amherst Chamber Ensembles**  |  |  |  |  |  |  |