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| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  |  |  | **1****9:30 Mass at SHH****10:00** Exercise-*Fitness Center***11:00 Buffalo Zoo****11:00** Creative Adult Coloring-*2nd FL CR***2:30** Bingo-*Private DR***6:30** Campfire  | **2****9:30 Mass at SHH****10:15** Chair Dance-*Fitness Center***1:00** Presentation by Brother Hugh-*Event Center***2:30** Entertainment by Danielle D.-*Event Center* | **3****9:00 Banking****9:30 Mass at SHH****10:00** Morning Stretch & Meditation-*Fitness Center***10:30 Dash’s/Aldi****1:00 Tops/Wegmans****1:30** Tai Chi-*Fitness Center***2:00** Happy Hour-*Back Patio* **6:30** Dominoes-*3rd FL CR* | **4****12:30** Bingo-*Private DR***3:45** Rosary-*Event Center***4:00** Mass-*Event Center* |
| **5****9:30 Mass at SHH****6:00 Clarence Town Park Concert-***See Newsletter for more details* | **6****10:00** Exercise-*Fitness Center***11:00 Walking Club** **11:00** BOM Companion Care Presentation-*Event Center***12:30** Chair Yoga-*Fitness Center***1:00** Bingo-*Private DR***2:30** You be the Judge!-*3rd FL CR* **6:30** Dominoes-*3rd FL CR***6:30** Campfire | **7****9:30 Mass at SHH****10:00** Morning Stretch & Meditation-*Fitness Center***9:45 Walgreens** **11:00 Mystery Trip** **2:00** Card Group-*3rd FL CR***6:30** Bocce Ball-*Outside***5:30 Amherst Symphony at Island Park**  | **8****9:30 Mass at SHH****10:00** Exercise-*Fitness Center***9:45 Rite Aid****10:00 Niagara on the Lake****11:00** Creative Adult Coloring-*2nd FL CR***2:30** Bingo-*Private DR*  | **9****9:30 Mass at SHH****10:15** Chair Dance-*Fitness Center***9:30 Clarence Library** **10:30 Botanical Gardens & Lunch at Curly’s** **1:00** Card Bingo-*3rd FLCR***2:30** Happy Hour-*Back Patio***6:30** Irish Gaelic League-*3rd FL CR*  | **10** **9:30 Mass at SHH****10:00** No Exercise **10:00 Casino** **1:30** Tai Chi-*Fitness Center***2:30** A Good Time with Harold- *Event Center***6:30** Dominoes-*3rd FL CR* | **11****11:00 Clarence Farmers Market** **3:45** Rosary-*Event Center***4:00** Mass-*Event Center* |
| **12****9:30 Mass at SHH****12:00 Bison Game**  | **13** **10:00** Exercise-*Fitness Center***11:00 Walking Club** **12:30** Chair Yoga-*Fitness Center***1:00** Bingo-*Private DR***2:30** Entertainment by Mari McNeil-*Event Center***6:30** Dominoes-*3rd FL CR* | **14****9:30 Mass at SHH****10:00** Morning Stretch & Meditation-*Fitness Center***11:00 Buffalo Waterfront****2:00** Card Group-*3rd FL CR***4:00** Mass-*Event Center***6:30** Bocce Ball-*Outside* | **15 HOLY DAY****9:30 Mass at SHH****10:00** Exercise-*Fitness Center***11:00** Creative Adult Coloring-*2nd FL CR***2:30** Bingo-*Private DR***6:30 BOM Summer Concert-Country music by Dark Horse Run**  | **16****8:30** Blood Pressure Reading-*Bistro***9:00 Banking****9:30 Mass at SHH****10:15** Chair Dance-*Fitness Center***10:30 Dash’s/Aldi****1:00 Wegmans/Tops** **1:00** Writing Club-*3rd FL CR***2:30** Entertainment by Mark Weber Trio!-*Event Center* | **17** **9:30 Mass at SHH****10:00** Morning Stretch & Meditation-*Fitness Center***11:30 Niagara Wine Trail****1:30** Tai Chi-*Fitness Center***2:30** Discussion Group-*3rd FL CR* **6:30** Dominoes-*3rd FL CR* | **18****12:30** Bingo-*Private DR***3:45** Rosary-*Event Center***4:00** Mass-*Event Center* |
| **19****9:30 Mass at SHH** | **20****10:00** Exercise-*Fitness Center***10:30** Seasons of Change Discussion-*Heritage Room***11:00 Walking Club** **12:30** Chair Yoga-*Fitness Center***1:00** Bingo-*Private DR***2:00** Watermelon Social-*Back Patio***6:30** Dominoes-*3rd FL CR* | **21****9:30 Mass at SHH****10:00** Morning Stretch & Meditation-*Fitness Center***1:00** Resident Meeting-*Event Center***2:00** Card Group-*3rd FL CR***6:30** Bocce Ball-*Outside* | **22****9:30 Mass at SHH****10:00** Exercise-*Fitness Center***10:30** Scripture Reflection- *Heritage Room***11:00 Walmart/Dollar Store****11:00** Creative Adult Coloring-*2nd FL CR***1-4 Driver Course-BOM Apts.** **2:30** Bingo-*Private DR***6:30** Campfire with music by Gary Murphree | **23****9:30 Mass at SHH****10:15** Chair Dance-*Fitness Center***11:00 Buffalo River Boat Tour****1:00** Card Bingo-*3rd FLCR***2:30** Entertainment by Russ K.-*Event Center* | **24** **9:30 Mass at SHH****10:00** Morning Stretch & Meditation-*Fitness Center***10:00 Casino** **1:30** Tai Chi-*Fitness Center***6:30** Dominoes-*3rd FL CR* | **25****3:45** Rosary-*Event Center***4:00** Mass-*Event Center* |
| **26****9:30 Mass at SHH****12:00 Bison Game**  | **27****10:00** Exercise-*Fitness Center***11:00 Walking Club** **12:30** Chair Yoga-*Fitness Center***1:00** Bingo-*Private DR***2:00** Birthday Party-*Event Center***6:30** Dominoes-*3rd FL CR* | **28** **9:30 Mass at SHH****10:00** Morning Stretch & Meditation-*Fitness Center***11:00 Misc. Shopping** **2:00** Card Group-*3rd FL CR***6:30** Bocce Ball-*Outside* | **29****9:30 Mass at SHH****10:00** Exercise-*Fitness Center***11:30 Vidlers** **11:00** Creative Adult Coloring-*2nd FL CR***1-4 Driver Course-BOM Apts.** **2:30** Bingo-*Private DR***6:30** Patriotic Campfire | **30** **9:30 Mass at SHH****10:15** Chair Dance-*Fitness Center***10:30 Clarence Library** **2:00-3:00** Presentation by Tori Nappo-Financial Services-*Event Center***6:30** Entertainment by Gary Smith-*Event Center* | **31** **9:30 Mass at SHH****10:00** No Exercise **1:30** Tai Chi-*Fitness Center* **6:30** Dominoes-*3rd FL CR* |  |